



YOUR REPORT FROM RMS PHYSICAL THERAPY

**RMS Physical Therapy
Installs the AlterG Anti-Gravity Treadmill**



What is the AlterG Anti-Gravity Treadmill?

The AlterG Anti-Gravity Treadmill, in most aspects, looks & works like a regular treadmill. It is the world's first and only treadmill using NASA based anti-gravity technology to help patients in their short-term rehabilitation programs.

The Anti-Gravity Treadmill enables faster rehabilitation, safer conditioning for the geriatric population, and weight loss, which can help remove major obstacles associated with these activities. Impact on the body and the pain of recovery are reduced, achieving better results. Patients at RMS Physical Therapy can now rehab, train, and exercise safer with the AlterG.

We feel the AlterG adds a new dimension to the care and treatment provided to our patients. Whether it is an athlete trying to build mileage or someone with degenerative joint disease wanting to walk without pain, the AlterG can be beneficial for weight bearing issues. The AlterG allows a patient to walk sooner during the rehab process, by unweighting them and facilitating a normalized gait pattern and reduces fear.

How Does it Work?

The Anti-Gravity Treadmill creates a lifting force that allows for ultra-low impact. Once fitted on the machine, the belt starts moving and you can adjust the speed & incline, as on a regular treadmill. Patients can run & walk without bearing their entire weight, reducing the impact on the body. Its Differential Air Pressure (DAP) technology applies a lifting force to the body, reducing weight on the lower extremities and allows precise unweighting up to 80% of a person's body weight. People can find where the pain stops and natural movement feels good allowing ease & comfort while walking or running, reducing impact on their joints.

The AlterG Anti-Gravity Treadmill is beneficial for:

- Lower body injury & surgery rehabilitation
- Rehab after total joint replacement
- Neurological retraining / Gait training in neurological patients
- Strengthening & conditioning in older patients
- Aerobic conditioning / Weight control & reduction
- Sport specific conditioning programs / Performance Enhancement / Stress related injury
- Athletes who want to increase mileage or speed without injury

We welcome the referral of your patients whom may benefit from our services. We invite you to come & experience the AlterG so that you can appreciate how it will benefit your patients.

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Please share this beneficial information with your colleges and patients.

Physical Therapy

IMPROVES
Mobility and motion



REDUCES
Pain without medication, in many cases

CAN HELP
Patients avoid surgery

**RMS Physical Therapy
Offers treatment for:**

- Arthritis
- Back Pain
- Balance
- Carpal Tunnel Syndrome
- Chronic Pain
- Developmental delays
- Elbow Pain
- FCE's (Work Well Systems)
- Foot & Ankle Pain
- Fractures
- Hand Injuries
- Head & Neck Pain
- Headaches
- Joint Replacement Therapy
- Osteoporosis
- Pelvic Pain
- Post Surgical Rehabilitation
- Shoulder & Knee Injury
- Sports Injuries
- Work Related Injury
- Work Conditioning / Hardening